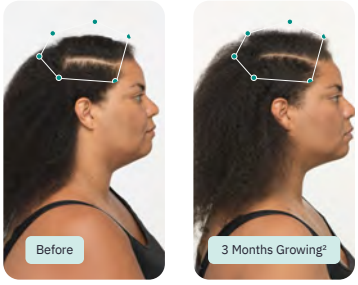
NUTRAFOL

Best pricing available on clinically tested Hair Growth Nutraceuticals.

Purchase a 3-month supply in office for $209 versus the online price of $264.

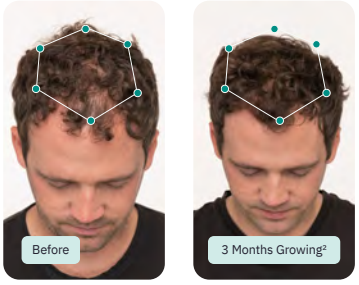


Nutrafol Women



Results may vary.

Nutrafol Men



Results may vary.

INSTITUTE OF ETERNAL Youth AESTHETICS & WELLNESS

Clinically tested Hair Growth Nutraceuticals for men and women.†

		 Nutrafol Women's Vegan†	 Nutrafol Women's Balance†		 Nutrafol Men†
Description	Clinically tested Hair Growth Nutraceuticals target multiple key root causes of thinning for men and women throughout all life stages and lifestyles.[1-6]				
Recommended for		Women ages 18-44 who are seeking a biotin-free option or follow a plant-based lifestyle and are experiencing signs of hair thinning.	Women ages 45+ with hair thinning who are experiencing hormonal fluctuations during peri- and postmenopause.		Men ages 18+ who are experiencing hair thinning and/or want to be proactive about thinning due to genetics, hormones, stress, and unhealthy lifestyle habits.
Benefits		Visibly thicker volume, faster-growing, longer, stronger hair with visibly less shedding.[3] Women also reported: visibly thicker lashes and brows, reduced feelings of stress and increased energy.[3]	Visibly thicker hair volume, fuller scalp coverage, and visibly softer, shinier, and stronger hair.[4] Women also reported: improved feelings of menopause like hot flashes, sleep, and mood.[5]		Visibly fuller hair and scalp coverage, visibly thicker hair volume, and faster-growing, stronger-feeling hair.[2] Men also reported: positive feelings of stress, supported sleep quality, and that the formula did not compromise sexual performance.[2]
Key ingredients		Biotin-free, 100% vegan ingredients. Synergen Plant Complex with Moldavian Dragonhead, Ashwagandha, Saw Palmetto, Tocotrienol Complex, Curcumin, Hyaluronic Acid.	Synergen Complex Plus® with Saw Palmetto, Ashwagandha, Maca, Astaxanthin, Marine Collagen Peptides, Curcumin, Tocotrienol Complex.		Synergen Complex® with Ashwagandha, Tocotrienol Complex, Curcumin, Saw Palmetto, Marine Collagen Peptides, Hyaluronic Acid.
Features	• Clinically tested formulas • Standardized, bioavailable ingredients		• Free of gluten, dairy, soy, gelatin, hormones, drugs, artificial colors & flavoring • Physician-formulated		
Precautions	For adults only. Consult your healthcare provider if you are pregnant, nursing, have a medical condition, or are taking other nutritional supplements or medications (especially blood thinning drugs).		Keep away from children. Not intended for children under 18. Do not use if safety seal is damaged or missing. These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.		
Directions	Take 4 capsules, all at once, once per day with a meal.				

†These statements have not been evaluated by the Food & Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

NUTRAFOL

Nutrafol Women's Vegan

A clinically tested, biotin-free Hair Growth Nutraceutical.

Nutrafol Women's Vegan is the latest innovation in hair growth supplements from Nutrafol—**optimized for plant-based lifestyles** but designed to support the needs of all women ages 18-44.

There are **6 key root causes** of hair thinning and breakage: stress, hormones, metabolism, aging, lifestyle, and nutrition. This biotin-free formula targets these specific factors from within the body to promote **thicker, stronger hair growth**—whether or not your patients follow a strict plant-based diet.[1]



Key benefits:

Hair growth and quality: Clinically tested to improve hair growth and lessen visible shedding while promoting faster-growing, longer, and stronger hair.[1,2]

Overall health and wellness: In a clinical study, women also reported visibly thicker lashes and brows, reduced feelings of stress, and increased energy.[1]

Biotin-free and smaller capsule size: Ideal for patients looking for a hair growth supplement that's formulated without biotin and easier to take for better compliance.

Ingredient highlights:

Synergen Plant Complex is a proprietary blend of standardized botanicals including Ashwagandha, Tocotrienol Complex, liposomal Curcumin, Saw Palmetto, Moldavian Dragonhead, and Hyaluronic Acid.



Moldavian Dragonhead: Clinically shown to promote natural collagen production in the body.[3]



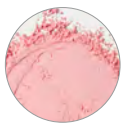
Bamboo: A highly known standardization of silica for hair strength.[4-6]



Pea Sprout Extract: A concentrated extract from pea sprouts shown to improve hair growth.[7]



Bacillus Subtilis DE111® Probiotic: Optimizes the microbiome and helps with the breakdown and absorption of nutrients.[8]



Vitamin B12: Supports red blood cells, which carry key nutrients needed to support healthy hair.[12]

Additional ingredients include **Chlorella** to reduce toxins in the gut and **Beet Root** to support healthy circulation and blood flow.[10-15]

In a subjective clinical study of Nutrafol Women's Vegan Hair Growth Nutraceutical[1]:

100% of women felt an improvement in their hair strength after 3 months.

100% of women saw their baby hairs growing out after 6 months.

100% of women saw more scalp coverage after 6 months.

In a prospective, multicenter study to evaluate the safety and efficacy of a vegan Nutraceutical, participants saw and reported[2]:

17% increase in scalp coverage.

50% reduction in hair shedding.

Feeling **less self-conscious** about people looking at their hair after 6 months.

Feeling **more comfortable** socializing with people after 6 months.

Spending **less time making their hair look fuller/ thicker** after 6 months.



BEFORE



6 MONTHS AND GROWING[1]



BEFORE



3 MONTHS AND GROWING[1]



BEFORE



3 MONTHS AND GROWING[1]

Features: 100% vegan. Physician-formulated. Free of gluten, dairy, soy, hormones, drugs, gelatin, artificial colors and flavoring. Non-GMO tested. Halal. Recyclable packaging.

For more information about the ingredients in this formula and other Nutrafol Nutraceuticals, see this JCAD article: Natural Hair Supplements: Trends and Myths Untangled, J Clin Aesthet Dermatol. 2023;16 (1 Supp 1):S4–S11.

*According to IQVIA ProVoice survey for 12 months ending March 31, 2024.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Nutrafol. Data on file. 2022. 2. Sivamani, R., et al. J Drugs Dermatol. 2024. 3. Wandry. J Comm Med and Pub Health Rep. 2021. 4. Barel. Arch Dermatol Res. 2005. 5. Wickett. Arch Dermatol Res. 2007. 6. Chandrashekar. International Journal of Research in Dermatology. 2020. 7. Grothe. Phytotherapy Research. 2020. 8. Cuentas, A., et al. J Probiotics & Health. 2017. 9. Koury & Ponka. 2004. 10. Panahi. Clin Lab. 2013. 11. Georgiou. IJCAM. 2018. 12. Bito, T., et al. Nutrients. 2020. 13. Clifford, et al. 2015. 14. Abbaspour, et al. 2014. 15. Hooda, et al. 2014.

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NUTRAFOL

Women's Balance Hair Growth Nutraceutical

A daily hair growth supplement physician-formulated for women 45+ with standardized vitamins, minerals, and natural ingredients. Targets key root causes of thinning, such as hormonal shifts, natural aging, and metabolism changes, for visibly thicker, fuller, stronger hair.[1-3]



Who this is for:

Women 45+ experiencing hair thinning and shedding.

Key benefits:

Visibly thicker volume.[2]

Fuller scalp coverage.[2]

Visibly softer, shinier, and stronger hair growth.[2]

Clinical results:

100% of women showed improvement in hair growth after 9 months.[2]

Points of difference:

- #1 dermatologist-recommended hair growth supplement brand.*
- Physician-formulated. Clinically tested. Science-backed.
- Nutrafol's proprietary blend of bioavailable ingredients synergistically targets multiple bio-specific root causes of hair thinning.
- 21 standardized ingredients to ensure the same potency in every serving.
- Responsibly sourced ingredients from all over the world and manufactured in the United States.

How to use:

Take **4 capsules daily** with a meal. For easier swallowing, place 1–2 capsules in your mouth, sip water, tilt your chin down (you'll feel the capsule float to the back of your throat), and swallow.

WATCH HOW-TO VIDEO

What you can expect from Nutrafol Women's Balance:

MONTHS 0-3

Visibly less hair shedding.[2-4]

MONTHS 4-6

Visibly softer, shinier, stronger hair.[2]

MONTHS 6+

Continued improvement in hair growth.[1,2]

Our patented Synergen Complex® Plus:



Maca: An organic root that eases the hormonal transition that triggers hair thinning during menopause.[5]



Astaxanthin: An antioxidant shown to lower signs of aging by energizing the cells needed to grow hair.[8,9]



Saw Palmetto: A high concentration of fatty acids that reduces the conversion of testosterone to DHT to improve hair growth.[6]



Curcumin: An antioxidant that targets imbalances in the body to support healthy hair.[5]



Ashwagandha: A high concentration of plant actives, derived from the leaves and root, that perform stress-relieving benefits to reduce hair shedding.[4]



Tocotrienol Complex: A concentrated form of vitamin E, a super antioxidant that fights against environmental stress to improve hair density.[10]



Marine Collagen Peptides: Peptides that provide the building blocks of strong hair fibers, while delivering hydration to the scalp.[7]

In a 6-month clinical study, participants taking Nutrafol Women's Balance experienced significant hair growth.



Female Subject, Age 45+, taking Nutrafol Women's Balance

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	1 g	< 1%*
Protein	1 g	
Vitamin A (as Beta-Carotene)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (D3 as Cholecalciferol)	62.5 mcg	313%
Vitamin E (as d-alpha Tocopherol)	2.6 mg	17%
Biotin	2500 mcg	8333%
Calcium	40 mg	3%
Iodine (from Organic Kelp)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)	20 mg	182%
Selenium (as L-Selenomethionine)	200 mcg	364%
Potassium	10 mg	<1%
Synergen Complex® Plus (Patented)	1.96 g	†
Organic Maca Powder (Root), Saw Palmetto Extract (Fruit) (45% Fatty Acids), Sensoril® Ashwagandha Extract (Root and Leaf), Hydrolyzed Marine Collagen, Turmeric Extract (Rhizome) (45% Curcuminoids), Palm Extract (Fruit) (15% Tocotrienol), *Haematococcus pluvialis* (Whole Microalgae) (5% Astaxanthin)		
Nutrafol® Blend	480 mg	†
L-Lysine, L-Methionine, L-Cysteine, Horsetail Extract (Aerial Parts or Whole Herb), Japanese Knotweed Extract (Root) (50% Resveratrol), Black Pepper Extract (Fruit) (95% Piperine), Cayenne Extract (Fruit) (2% Capsaicinoids)		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable Capsule (Hypromellose), Organic Rice Hulls.

CONTAINS: Fish (Cod, Haddock, Pollock).

Free of gluten, dairy, soy, hormones, drugs, gelatin, artificial colors or flavors. Non-GMO certified. Halal. Recyclable bottle made of 30% PCR glass.

*According to IQVIA ProVoice survey for 12 months ending March 31, 2024.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Ablon, G., et al. JDD. 2022. 2. Berkowitz, S., et al. ASDS. 2020./Nutrafol. Data on file. 2020. 3. Ablon, G., et al. Menopause. 2021. 4. Auddy, B HJ. JANA. 2008. 5. Meissner, HO. IJBS. 2005. 6. Rossi, A. Int J of Immuno and Pharm. 2012. 7. Proksch, E. Skin Pharm Physiology. 2013. 8. Davinello, S. Nutrients. 2018. 9. Suhn, HK. Nutrients. 2018. 10. Beoy, L. Tropical Life Sci Res. 2010.

NUTRAFOL[MEN]

MEN HAIR GROWTH NUTRACEUTICAL

A clinically proven, daily hair growth supplement physician-formulated for men with 100% drug-free, standardized ingredients to target root causes of thinning for visibly thicker, fuller hair growth and scalp coverage, without compromising sexual performance.[1]



WHO THIS IS FOR:

Men over 18 years who are experiencing hair thinning and/or want to be proactive about thinning.

KEY BENEFITS:

Fast-growing, stronger-feeling hair.[1]
Visibly thicker hair volume.[1]
Visibly fuller hair and scalp coverage.[1]

CLINICAL RESULTS:

84% of men showed improvement in their hair after 6 months.[1]

POINTS OF DIFFERENCE:

- #1 dermatologist-recommended hair growth supplement brand.*
- Physician-formulated. Clinically proven. Science-backed.
- Nutrafol's proprietary blend of bioavailable ingredients synergistically targets multiple bio-specific root causes of hair thinning.
- 21 standardized ingredients to ensure the same potency in every serving.
- Responsibly sourced ingredients from all over the world and manufactured in the United States.

HOW TO USE:

Take **4 capsules daily** with a meal. For easier swallowing, place 1-2 capsules in your mouth, sip water, tilt your chin down (you'll feel the capsule float to the back of your throat), and swallow.

WATCH HOW-TO VIDEO

WHAT YOU CAN EXPECT FROM NUTRAFOL MEN:

MONTHS 0-3
Visibly thicker, healthier-looking hair.[1]

MONTHS 4-6
Improved scalp coverage.[1]

MONTHS 6+
Continued improvement in hair growth.

OUR PATENTED SYNERGEN COMPLEX®:



Saw Palmetto: A high concentration of fatty acids that reduces the conversion of testosterone to DHT to improve hair growth.[2]



Ashwagandha: A botanical shown to lower cortisol levels for stress-relieving benefits to reduce hair shedding.[5]



Tocotrienol Complex: A concentrated form of vitamin E, a super antioxidant that fights against environmental stress to improve hair density.[3]



Marine Collagen Peptides: Peptides that provide the building blocks of strong hair fibers, while delivering hydration to the scalp.[6]



Curcumin: An antioxidant that targets imbalances in the body to support healthy hair.[4]

IN A 6-MONTH CLINICAL STUDY, PARTICIPANTS TAKING NUTRAFOL MEN SHOWED SIGNIFICANT HAIR GROWTH.



Male subject taking Nutrafol Men.

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	%DV
Calories	10	
Total Carbohydrate	1 g	< 1%*
Protein	1 g	
Vitamin A (as Beta-Carotene)	1500 mcg RAE	167%
Vitamin C (as Ascorbic Acid and from Camu-Camu Fruit)	60 mg	67%
Vitamin D (D3 as Cholecalciferol)	62.5 mcg	313%
Vitamin E (as d-alpha Tocopherol)	3.5 mg	23%
Biotin	3000 mcg	10000%
Iodine (from Organic Kelp)	225 mcg	150%
Zinc (as Zinc Amino Acid Chelate)	25 mg	227%
Selenium (as Selenium Amino Acid Chelate)	200 mcg	364%
Synergen Complex® (Patented)	1.72 g	†
Saw Palmetto Extract (Fruit) (45% Fatty Acids), Hydrolyzed Marine Collagen, Sensoril® Ashwagandha Extract (Root and Leaf), BCM-95® Bio-Curcumin® Turmeric Extract (Rhizome) (86% Curcuminoids), Palm Extract (Fruit) (15% Tocotrienol), Hyaluronic Acid		
Nutrafol® Blend	575 mg	†
L-Cysteine, L-Lysine, L-Methionine, Horsetail Extract (Aerial Parts or Whole Herb), Japanese Knotweed Extract (Root) (50% Resveratrol), Keratin, Black Pepper Extract (Fruit) (95% Piperine), Cayenne Extract (Fruit) (2% Capsaicinoids)		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

OTHER INGREDIENTS: Vegetable Capsule (Hypromellose), Organic Rice Hulls.

CONTAINS: Fish (Cod, Haddock, Pollock).

Free of gluten, dairy, soy, hormones, drugs, gelatin, artificial colors and flavors. Non-GMO tested. Halal. Recyclable bottle made of 30% PCR glass.

*According to IQVIA ProVoice survey for 12 months ending March 31, 2025.

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1. Stephens T, et al. JCAD. 2022./Nutrafol data on file. 2022. 2. Rossi A. Int J of Immuno and Pharm. 2012. 3. Beoy L. Tropical Life Sci Res. 2010. 4. Jagetia GC. J Clin Immunol. 2007. 5. Auddy B HJ. JANA. 2008. 6. Proksch E. Skin Pharm Physiology. 2013.