NUTRAFOL

Nutrafol Women's Vegan

A clinically tested, biotin-free Hair Growth Nutraceutical.

Nutrafol Women's Vegan is the latest innovation in hair growth supplements from Nutrafol—**optimized for plant-based lifestyles** but designed to support the needs of all women ages 18-44.

There are **6 key root causes** of hair thinning and breakage: stress, hormones, metabolism, aging, lifestyle, and nutrition. This biotin-free formula targets these specific factors from within the body to promote **thicker, stronger hair growth**—whether or not your patients follow a strict plant-based diet.[1]

Key benefits:

Hair growth and quality: Clinically tested to improve hair growth and lessen visible shedding while promoting faster-growing, longer, and stronger hair.[1,2]

Overall health and wellness: In a clinical study, women also reported visibly thicker lashes and brows, reduced feelings of stress, and increased energy.[1]

Biotin-free and smaller capsule size: Ideal for patients looking for a hair growth supplement that's formulated without biotin and easier to take for better compliance.

Ingredient highlights:

Synergen Plant Complex is a proprietary blend of standardized botanicals including Ashwagandha, Tocotrienol Complex, liposomal Curcumin, Saw Palmetto, Moldavian Dragonhead, and Hyaluronic Acid.

Moldavian Dragonhead: Clinically shown to promote natural collagen production in the body.[3]

Bamboo: A highly known standardization of silica for hair strength.[4-6]

Pea Sprout Extract: A concentrated extract from pea sprouts shown to improve hair growth.[7]

Bacillus Subtilis DE111® Probiotic: Optimizes the microbiome and helps with the breakdown and absorption of nutrients.[8]

Vitamin B12: Supports red blood cells, which carry key nutrients needed to support healthy hair.[12]

Additional ingredients include **Chlorella** to reduce toxins in the gut and **Beet Root** to support healthy circulation and blood flow.[10-15]

In a subjective clinical study of Nutrafol Women's Vegan Hair Growth Nutraceutical[1]:

100% of women felt an improvement in their hair strength after 3 months.

100% of women saw their baby hairs growing out after 6 months.

100% of women saw more scalp coverage after 6 months.

In a prospective, multicenter study to evaluate the safety and efficacy of a vegan Nutraceutical, participants saw and reported[2]:

17% increase in scalp coverage.

50% reduction in hair shedding.

Feeling **less self-conscious** about people looking at their hair after 6 months.

Feeling **more comfortable** socializing with people after 6 months.

Spending **less time making their hair look fuller/ thicker** after 6 months.

BEFORE

6 MONTHS AND GROWING[1]

BEFORE

3 MONTHS AND GROWING[1]

BEFORE

3 MONTHS AND GROWING[1]

Features: 100% vegan. Physician-formulated. Free of gluten, dairy, soy, hormones, drugs, gelatin, artificial colors and flavoring. Non-GMO tested. Halal. Recyclable packaging.

For more information about the ingredients in this formula and other Nutrafol Nutraceuticals, see this JCAD article: Natural Hair Supplements: Trends and Myths Untangled, J Clin Aesthet Dermatol. 2023;16 (1 Supp 1):S4–S11.

*According to IQVIA ProVoice survey for 12 months ending March 31, 2024.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

1. Nutrafol. Data on file. 2022. 2. Sivamani, R., et al. J Drugs Dermatol. 2024. 3. Wandry. J Comm Med and Pub Health Rep. 2021. 4. Barel. Arch Dermatol Res. 2005. 5. Wickett. Arch Dermatol Res. 2007. 6. Chandrashekar. International Journal of Research in Dermatology. 2020. 7. Grothe. Phytotherapy Research. 2020. 8. Cuentas, A., et al. J Probiotics & Health. 2017. 9. Koury & Ponka. 2004. 10. Panahi. Clin Lab. 2013. 11. Georgiou. IJCAM. 2018. 12. Bito, T., et al. Nutrients. 2020. 13. Clifford, et al. 2015. 14. Abbaspour, et al. 2014. 15. Hooda, et al. 2014.

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